

Expert biography

Liz Anderson

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My name is Liz Anderson. I am the Lead Nurse for Nutrition at Buckinghamshire Healthcare NHS Trust. My job is to ensure that any patient with complex nutrition issues receives the correct nutritional care that is best for them.

I am particularly interested in End of Life care and the role of good nutrition that is tailored for the individual. I believe that part of my job is to make sure that patients have an informed choice and are active decision makers in their care. I also believe that we, as health care professionals who are not specialists in MND need to be better at caring for these patients.

I am the Patient Experience Officer for the British Association of Enteral and Parenteral Nutrition (BAPEN). Part of the role is to listen to the patient's voice and advocate for those who are not able to express what they want.

I have been involved with the MND Association for a few years now when I was asked to review and comment on their excellent Risk Assessment tool for Professionals. I really am very happy to be part of this Community and hope to both learn and share my experience as well.

