

Adult Oral Suction Standard Operating Procedure

Procedure Date 2020/2023 Procedure Version V1.1

December 2020

This document remains valid whilst under review

TARGET AUDIENCE (including temporary staff)			
People who need to know SCFT adult nurses			
this document in detail	SCFT Physiotherapists		
	SCFT support workers		
	SCFT Speech and Language Therapists		
	Nursing and Physiotherapy professional Leads		
People who need to have a	ave a SCFT Chief Nurse		
broad	SCFT Heads of Service and Service managers		
understanding of this SCFT Professional Head of Therapy			
document SCFT Senior Nurses			
	Education and Training		
People who need to know	University of Brighton – School of Physiotherapy and		
that this document exists	Nursing		

Procedure Author

and Reviewed by:

Physiotherapy Professional Lead

Approved by: AHP Taskforce Date: 11/09/2020

Ratified by: Community Nursing Taskforce Date: 04/12/2020

Expiry date: December 2023

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Visit: http://thepulse/our-trust/trustwide-policies-procedures/

VERSION CONTROL

Record of Document Changes			
Date	Version	Changes / Comments	
21/07/2020	1.0	 Revert Version back to Version 1 as it is a new SOP relating to Adult services only Update Procedure date 	
		Update to new template	
		Re-write procedure as an adult procedure only	
		Include the word Adult in the title	
		Target audience adult nurses	
		 1.2 adapt scope to only include adults 1.2 exclude High Weald, Lewes and Havens area from 	
		scope	
		1.3 remove terms Rehabilitation Support Worker,	
		Rehabilitation Assistant, Rehabilitation Technician, Support Practitioner, Team Support Worker, re-	
		ablement worker, Child support worker, Skilled Not	
		Registered Worker, Intermediate Care Assistant and	
		include Therapy Practitioner	
		 Approval group- AHP Professional Leads Team 	
		 2.1 change to definition of suction, addition of oral suction definition. 	
		 2.5 the addition of Severe hypoxaemia/ hypoxia and Unexplained haemoptysis 	
		3.1 Filter added in equipment list	
		3.1 'Yankauer sucker' replaced by 'suction catheter eg	
		Yankauer or flexible suction catheter'	
		3.1 appropriate PPE3.2 Included Carry Bag and Filter for Laerdal Suction	
		machine	
		3.3 added section on ordering equipment	
		 4 procedure replaced with procedure/rationale table. 4.2 replaced the word function with status and baseline 	
		values	
		 4.2 change word delivered to performed in respiratory assessment 	
		4.2 added in the word airway to clearance techniques	
		dadda baa. paa	
		 4.3 replaced Yankauer for suction catheter to cover both Yankauer and flexible catheters 	
		4.3 2 bullet points added to procedure after talk to	
		patient4.3 bullet point inserted to ensure patient is in a	
		comfortable position following the procedure	
		 4 .29 Completion of Oral Suction Passport 	
		5 removal of the word sucker after Yankaeur	
		5 insertion of 'or if they look dirty'	
		5 New bullet point about Suction tubing connecting the	

		 machine to the catheter. 6 Oral Suction competency discussed 8.0 removed references that were no longer available 8.0 added new references Appendix A- Oral Suction Competency Checklist Appendix B- Process for ordering Oral Suction equipment in the community for adults Appendix C- Oral Suction passport
07/09/2021	V1.1	 1.2 removal of exclusion of High Weald, Lewes and Havens 6 addition of link to internal training resource Appendix B- Changes to access to consumables and removal of 'bottle liners' Appendix D- Added to include instruction manual links to commonly used suction machines

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1. INTRODUCTION

1.1 Purpose

This document will outline the procedure to be adhered to by SCFT staff when carrying out Oral Suction. It has been developed to provide consistency of approach both within and across professions and across the trust. It provides a framework on which to audit activity.

1.2 Scope

This document applies to adults over the age of 18 or until they are no longer under the care of children's specialist school services. i.e. Children remaining at specialist schools beyond the age of 18 will remain under the SCFT Children's Oral suction SOP.

This document covers registered staff in Physiotherapy, Speech and Language Therapy, Nursing and unregistered support workers working with Adults in Community Hospitals and patients' homes. It does not include staff working within SLAs with SCFT.

1.3 Definitions

Sussex Community Foundation Trust		
Registered nurse		
Speech and Language Therapist		
Physiotherapist		
Service Level Agreement		
Support worker		
For the purposes of this document, the term "support worker," describes the staff member who has a role or task(s) delegated to them by the registered practitioner. Titles include, but are not limited to:- Health care assistant Health care support worker Therapy Assistant Therapy Practitioner Assistant practitioner Assistant		

2. ORAL SUCTION

2.1 Definition

The insertion of a Yankauer sucker or soft suction catheter into the oral cavity in order to remove sputum, saliva or aspirate. Usual depth would be to the back of the teeth however Yankauer/ suction catheter can be advanced further if secretions are visible that can be cleared without touching the tissue of the mouth. When going beyond back of the teeth, care must be taken to monitor for the gag reflex.

These guidelines do not advise re nasopharyngeal suction, deep oropharyngeal suction or suction via a tracheostomy.

2.2 Indications

- Adults who have been identified as requiring oral suction
- Inability to expectorate sputum, saliva or aspirate from the mouth / throat causing discomfort / distress / obstruction

2.3 Consent: (refer to SCFT consent policy)

- Consent must be given by the patient / carer prior to each episode of suction being carried out. If the patient is unable to give consent verbally, other ways of obtaining it must be explored e.g. blinking, squeezing of the hand
- If the patient is unable to give any form of consent and not carrying out the suction would be detrimental to their health, it is acceptable to proceed, unless written documentation can be produced to the contrary.
- The patient should be made aware that they can withdraw their consent at any time
- Mental capacity should be taken into account and if necessary a best interest decision should be made

2.4 Contraindications

There are no absolute contraindications but potential precautions / dangers are listed below

2.5 Precautions

- Facial Fractures
- Loose teeth
- Clotting disorders

- Laryngeal / oral carcinoma
- Severe bronchospasm
- Stridor
- Restless / anxious client
- Nausea/ vomiting
- Dislodging of oral debris and pathogens which may obstruct the airway
- Severe hypoxaemia/ hypoxia
- Unexplained haemoptysis

2.6 DANGERS

Do not attempt to remove a solid object or an inhaled foreign body from the back of the throat with suction. This could result in the object being forced further into the airway and possibly causing complete obstruction.

3. EQUIPMENT

3.1 Disposable equipment:

- Suction connection tubing single patient use
- Disposable bottle liners if required and recommended by manufacturer's instructions
- Filter, as required by manufacturer's instructions
- Suction catheters eg. Yankauer or flexible suction catheters
- Clean disposable gloves
- Container of cold tap water
- Cleaning products (according to manufacturer's instructions)
- Bag for disposables
- Appropriate PPE if splashing likely or infection suspected

3.2 Suction machines

- Available to order from community equipment services for patient at home. Make sure manufacturer's instructions are included when the machine is received by the patient. These can be downloaded from the community equipment website.
- Consider supplying a spare machine if the equipment is critical and same day reordering or repair is not an available option
- Suction machines used on Units must be used according to manufacturer's instructions and cleaned in line with SCFT decontamination policy

3.3 Ordering equipment in the community

The process for ordering equipment in the community is described in Appendix B

4. PROCEDURE

Rationale
To ensure there is adequate power to
allow suction procedure to go ahead
To ensure there is no barotrauma
during suction procedure.
To maintain patient dignity
To ensure patient knows what to expect
See 2.3 above
N.B Suction should not be carried out in
supine unless in an emergency
situation
to monitor signs of improvement / deterioration
To ensure there is no damage to the
oral cavity.
1
If a patient is able to clear their own
secretions independently do not suction
as a matter of routine. Only use when
there is evidence of retained secretions in oral cavity.
To prevent the transmission of
microorganisms.
Suctioning may cause splashing of
body fluids
To ensure machine is working correctly.
To prevent trauma to patient
This prepares the equipment to suction effectively.
To prevent patient distress during
procedure.
To prevent desaturation

To assess safety of procedure and
check for signs of deterioration.
To avoid atimulation of acc reflex
To avoid stimulation of gag reflex.
Suction should be stopped if gag reflex
elicited to avoid vomiting and aspiration.
ασριτατίστι.

Longer than 10 secs might result in
tissue grab causing damage to the
sensitive lining of the mouth.
To ensure all secretions are obtained
It is more comfortable for the patient.
They can control the procedure.
To determine if intervention was
effective.
To clean tubing and prevent mucous
plugging
To allow secretions to be flushed away
and prevent transmission of
microorganisms.
To ensure correct cleaning material is
used to prevent damage to equipment
to keep Yankauer clean
·
To ensure patient comfort and dignity
Prevents transmission of
microorganisms In line with SCFT hand
hygiene.
To ensure there is an accurate record
of the procedure.
Ensures good communication.
To ensure patient safety and
compliance with recommended
technique

5. REPLACEMENT OF CONSUMABLES

- Yankauers are marked as "single use" indicating that they should be disposed of
 after a single procedure. They are not appropriate for multi-patient use. Current
 practice at SCFT is to change the Yankauer every 24 hours or sooner if they
 cannot be cleaned effectively or if they look dirty. They are available to order
 through NHS supplies.
- Flexible catheters must be replaced after each procedure. Used catheters can be wrapped in a glove and disposed of appropriately, in conjunction with SCFT Waste Management Policy. They are available to order through NHS supplies.
- Suction machines come with their own suction connection tubing which should be cleaned according to manufacturer's instructions and is single patient use. If unable to be adequately cleaned further supplies can be ordered from the equipment service or the machine replaced.

- Suction tubing that connects the machine to the Yankauer or catheter should be replaced weekly unless otherwise advised. It is available to order through NHS supplies.
- The bacterial filter should be replaced according to manufacturer's instructions and when wet. An adequate supply of filters should be ordered through the equipment service at the time of requisition. Extra filters should be ordered via the equipment service
- Recommended PPE

6. TRAINING AND COMPETENCY

- Nurses and Physiotherapists included in the scope of this guideline will have had training in oral suction at undergraduate level.
- SALT will have had post graduate training where appropriate
- Registered Staff should self-assess against the competency Appendix A
- An SCFT training video is available via the Pulse Internal Training pages <u>Course Bookings (scft.nhs.uk)</u>
- Support workers will only be able to carry out this procedure if trained and assessed as competent and it has been delegated to them in line with SCFT Delegation policy
- Teaching of family and non SCFT carers will be carried out by Registered staff in line with SCFT delegation policy

7. RESPONSIBILITIES

The **Chief Executive** has ultimate responsibility for the organisation and is supported by the Executive Directors.

The **procedure author** is responsible for ensuring the procedure follows the appropriate Trust format and complies with the recognised development, consultation, approval and ratification process.

Service managers / team leaders are responsible for promoting and implementing the procedure.

All staff are required to complete in full and as directed any templates or proformas as instructed, for use as part of this procedure.

8. ASSOCIATED REFERENCES AND DOCUMENTS

- J. Bott et al, Joint BTS/ACPRC Guidelines for the physiotherapy management of the adult, medical, spontaneously breathing patient. (2008).
- Hough, A. (2001). Physiotherapy in Respiratory Care. Nelson Thornes.

- Journal of Chartered Physiotherapy in Respiratory Care, & Harvey, N. (1996).
 Tracheobronchial Suction, 28, 22–25.
- Mallet J & Dougherty L. Tracheostomy Care and Laryngectomy Voice Rehabilitation. The Royal Marsden NHS Trust. Manual of Clinical Nursing Procedures. 5th ed. Oxford: Blackwell Science; 2000. Chapter 40.)
- Perry et al 2014
- Royal Marsden Hospital, Dougherty, L., & Lister, S. (2004.). The Royal Marsden Hospital Manual of Clinical nursing procedures (Sixth Edition.). Blackwell Publishing.
- Webber, B., & Pryor, J. (1993). Physiotherapy and Cardiac problems. Churchill Livingston.
- SCFT Decontamination Policy
- SCFT Infection Prevention Control policy
- SCFT Delegation policy
- SCFT Waste Management Policy

9. MONITORING COMPLIANCE

Staff administering oral suction must comply with the procedure. In the event of any incidents raised around oral suction, adherence to the procedure will be assessed by the investigating officer.

10. DISSEMINATION AND IMPLEMENTATION

This procedure will be made available on the intranet, and cascaded directly to relevant teams.

11. CONSULTATION, APPROVAL, RATIFICATION & REVIEW

The staff groups that have been consulted in the writing of this procedure are:

- SCFT Adult respiratory physiotherapists
- SCFT Adult Physiotherapy Professional leads
- SCFT Adult Speech and Language Therapy Professional leads
- SCFT General Managers for Community Nursing Teams
- SCFT Service managers
- SCFT Community Equipment nursing and therapy leads

The staff group responsible for approving the procedure is the AHP Leadership team

The procedure will be reviewed every 3 years.

Appendix A
Oral Suction Competency checklist
Level 1 – Undergraduate Level, Level 2 – with supervision, Level 3 – independently, Level 4 – expert and able to teach

Competency	Level 1	Level 2	Level 3	Level 4
I am able to:	Inits/Date	Inits/Date	Inits/Date	Inits/Date
review notes and understand the indications for oral suction				
show a clear understanding of contra- indications and complications of oral suction				
gains consent and explains procedure to patient / carer				
position patient in a comfortable and effective position				
use prescribed oxygen pre and post suction if indicated				
uses correct PPE and infection control technique				
uses correct suction procedure including suction the correct areas of the mouth explaining to patient throughout				
understand the procedure for checking sputum colour, quantity and tenacity and able to interpret the results				
records intervention in line with policy and professional standards				
cleans tubing and machine correctly and carry out decontamination procedure in line with policy				
explain all parts of the oral suctioning equipment and demonstrate correct setup and checking procedure				
demonstrate the ability to troubleshoot common problems with machines and equipment				
monitor and order consumables correctly				
demonstrate ability to know when to change liner, filters, tubing and Yankauer and follow disposal procedure correctly				

Appendix B

Process for Ordering Oral Suction Equipment in the Community for Adults

- Clinical reasoning for ordering the equipment is identified by a competent member of staff eg physiotherapist or community nurse that has current Oral Suction competence
- 2. Identify the carer/ carers that will be regularly carrying out the suction
- 3. Identify and agree the route for replacement of consumables; ie. Primary Care Networks (PCNs) or Specialist teams.
- 4. Clinician to order suction unit, filter and carry bag (if required) via Community Equipment services using their PIN but copying in the team email address as part of the order so that equipment review requests will come in via the team rather than relying the individual.
- 5. Clinician to access the consumables required for initial set up, not available via Community Equipment Services. This will need to be done via local community nursing bases. This includes catheters (Yankauer or flexible) and tubing
- 6. Clinician to trial equipment with patient to check suitability
- 7. Clinician to train relevant carers in the oral suction skill, the use and maintenance of the machine (described as 'collaborative partnership working' in SCFT Delegation Policy)
- 8. Clinician to arrange short term review to support any initial issues
- 9. Clinician to notify the relevant community nursing team if the order has not been completed by community nurses
- 10. Relevant community nursing team to set up an annual review
- 11. Clinician to request prescription for consumables via PCNs where required. These include replacement Yankauers, catheters and tubing.
- 12. Patient/ Carer to be advised to contact Community Equipment Services if machine does not appear to work properly and contact GP if health condition deteriorates.

Appendix C

Oral Suction Passport

Why suction?

To clear phlegm and saliva from the mouth and to make breathing easier when someone cannot do this for themselves.

Equipment

Tubing
Suction machine
Filter
Yankauer or soft suction catheter
Personal protective equipment
Water

Possible side effects

- Gagging if the Yankauer touches the back of the tongue throat or tonsils may lead to vomiting
- Damage to the mouth if the suction pressure is too high or not carried out correctly – may lead to bleeding
- Anxiety and Distress always explain what you are going to do and reassure throughout. If you are worried about the amount of distress talk to your health professional named on the back page of this booklet.

Cleaning

To be carried out daily (or more often if required):

- 1. Empty the contents into the toilet and flush
- 2. Wash the canister with warm soapy water
- 3. Do not get the filter wet
- 4. Ensure all tubing clear of phlegm or saliva
- 5. Yankauer suction catheters can be reused with the same person as long as they are clean and free of cracks
- 6. See the back page of this booklet for instructions on changing Yankauers and tubing

Checks to be performed at each suction

- 1. Tubing and Yankauer is clean and not cracked.
- 2. Pressure of suction machine by blocking the tubing and checking the dial. The maximum suction pressure is written on the back page of this booklet.
- 3. Check oral cavity for large lumps of food/ debris and remove with a tissue if possible

Consent

Every time suction is used the person must consent. If they do not have capacity to consent to suction the professional prescribing suction must have completed a capacity assessment and best interest decision.

How to suction

- 1. Position the person according to advice given. Sitting up or side lying is usually preferred.
- 2. Wash your hands
- 3. Put on gloves and apron. Use mask if risk of infection.
- 4. Explain what you are going to do and get consent
- 5. Perform checks (as above)
- 6. If the person can open their mouth they should do so
- 7. Switch on machine
- 8. Insert Yankauer along the inside of the cheek and across the tongue. To prevent gagging do not go further than the back teeth.
- 9. Suction the phlegm / saliva whilst moving the Yankaeur tip. Apply suction for a maximum of 10 seconds at any one time.
- 10. Remove the Yankauer whilst still suctioning
- 11. Repeat on other side if required or where visible phlegm / saliva pooling until person is comfortable
- 12. Flush with water until tubing clear

Troubleshooting

The machine has instructions please read them for further guidance.

The machine does not switch on

Check charge, plug it in, check lead inserted correctly, check filter change if wet Contact Community Equipment Service

Suction does not work even though machine switched on

Check all tubing connected, check tubing clear — if not replace, check filter replace if wet.

Contact Community Equipment Service

Run out of filters

Contact Community Equipment Service

Run out of Yankauers, suction catheters or tubing

Contact Health Care team on the back of the this leaflet or the patient's GP

Protective gloves and apron should be replaced by the patient/ carer.

This suction passport is for the exclusive use of:	
Recommended position for suctioning	
Maximum Suction Pressure	_
Yankauers should be changed every	unless blocked or split.
If you have an infection they should be changed every _	
Tubing should be changed every	-
Filters should be changed every 2 months unless wet	
For reporting machine faults or ordering replacement filt Services:	ers ring Community Equipment
For ordering replacement Yankauers, suction catheters team or GP:	or tubing contact your health care
Patients must be over 18 and registered with a GP.	
If you have any concerns about the recommendation ou health professional that is providing the machine. If you your GP.	•
Professional providing recommendation	
Name:	
Designation:	
Signature:	

Appendix D

Instruction Manual Links To most Commonly Prescribed Suction Machines

Laerdal

https://laerdal.com/gb/products/medical-devices/airway-management/laerdal-suction-unit-lsu/

Clario

https://www.medelahealthcare.com/en-GB/solutions/professional-vacuum-solutions/surgical-airway-suction/clario-airway-suction-pump

Devilbiss

http://www.devilbisshealthcare.com/products/suction-therapy/homecare-suction-unit



RATIFICATION CHECKLIST Community Nursing Taskforce

Agenda Item: The meeting administrator should be able to provide this

Procedure Title: Adult Oral Suction SOP

Procedure Author: Bridget Winrow, Physiotherapy Professional Lead Adult Services

Presented By: Bridget Winrow, Physiotherapy Professional Lead Adult Services

Purpose: Ratification

	Checklist for Ratification			
1.	Reason for Review:			
		Response		
	a) New Procedure	New procedure for Adult Oral Suction		
	b) Revision/update to current Procedure			
	Please state the reason for updating e.g. compliance with new or updated legislation	The document has been updated as it was due for review. The original document included patients under Children's and Adult services but has now been modified to include Adult services only as there is new guidance to support a separate document for Children		
	Please state briefly what amendments/updates	Page 1 Change wording throughout to reflect that SOP only applies to Adults.		
	were made, what section/page number and where they can be located within the document	Page 1 Reverted version back to V1 as it is a new SOP relating to Adults only		
		1.2 Exclusion of High Weald, Lewes and havens in scope.		
		1.3 Update titles of staff in compliance with HR standards.		
		2.0 Amendments to Oral Suction description		
		3.0 Additions to equipment list		
		4.0 Amendments to wording and grammar in Procedure section		
		4.29 reference to new Oral Suction Passport		
		5.0 change of wording and additions in Replacement of Consumables		
		6.0 Reference to Oral Suction competency		
		8.0 Updated reference list		

	Appendices:
	Amendments to Appendix A
	Addition of Appendix B
	Addition of Appendix C
c) Other – please state	
N D : 1 ()	in d (alance at the data), and in a Onel Overtice COR \/d

d) Review date due or expired (please state date): previous Oral Suction SOP V1 was due review in December 2019 and expiry date extended until end of April 2020.

2. Summary

This SOP is designed to provide guidance for SCFT staff that are carrying out and delegating the process of Oral Suction on adult patients in community settings. It does not include staff on Service Level Agreements from other organisations It only applies to oral suction and does not include nasopharyngeal suction, deep oropharyngeal suction or suction via a tracheostomy

The main changes have been to separate the existing Oral Suction SOP into an adult and Children's version. The new version includes two additional appendices: Process for ordering Oral Suction Equipment in the Community and Oral Suction Passport

3. Format

Has the standard SCFT template been used?

Comments:

4. Consultation

Name	Group Member	Respons e Y/N
 SCFT Adult respiratory 	Jo Ansell	Υ
physiotherapists	Heather Hill	Υ
SCFT Adult	Cathy Hayden	Υ
Physiotherapy Professional leads	Sheila Doughty	Υ
SCFT Adult Speech and Language Therapy Professional leads	Charlotte Harris	Υ
SCFT General Managers for Community Nursing Teams	Tracy Allan	Y
SCFT Service managers		
SCFT Community	Lisa O'Hara	Υ
Equipment nursing and therapy leads	Liz Cranswick	

	07/09/2021 update	Nicki I	Leighton	Υ			
		Suzy I	Neve	Υ			
		Lisa C)'Hara	Υ			
5.	Dissemination/Implementation Process						
	This procedure will be made available on the intranet, and cascaded directly to relevant teams						
6.	Cost/Resource Implications						
	Does this procedure have any cost and/or resource implications? Y/N						
	Please provide details of the cost/resource implications: SCFT will have a responsibility to provide training resource to meet the oral suction competency framework for all relevant staff. These staff will require time to update the competency and training requirements. SCFT will need to fund the initial equipment set up via Community Equipment Services and NHS Procurement. On-going equipment costs will be met by SCFT when a patient review generates a new equipment need. Primary care will fund the replenishment of consumables. Has this been agreed by the accountable Director? Y/N						
	,		ntable Director?				
	Has this been agreed by the Name			Y/N Date			
7.	,		ntable Director?				
7.	Name)	ntable Director?				
7.	Name Approval Please state the name of the Group that has approved this)	ntable Director? Job Title				
7.	Name Approval Please state the name of the Group that has approved this document?)	ntable Director? Job Title Name: AHP Taskforce				
	Approval Please state the name of the Group that has approved this document? Date of Group Approval:	e s	ntable Director? Job Title Name: AHP Taskforce	Date			
	Name Approval Please state the name of the Group that has approved this document? Date of Group Approval: Equality Analysis Has the Equality Impact	e s	Name: AHP Taskforce Date:11/09/2020	Date			

DECISION OUTCOME AND RECOMMENDATIONS

For completion by the Chair of the Group or Committee considering ratification.				
Is the Committee / Group satisfied and assured that due process has	Yes	Comments:		

been followed in order to produce or review the Procedure?	(please delete)	Excluded High Weald, Lewes and Havens from SOP.	
		Removed on 07/09/2021	
Is the Committee / Group satisfied and assured with the consultation on	Yes	Comments:	
the Procedure?	(please delete)		
Does anybody (Group or individual)	No	Please state who:	
else need to be consulted prior to ratification?	(please delete)		
Other Comments	accountability	Processes for ordering oral suction equipment and accountability is very different in High Weald, Lewes and Havens so the area has been excluded from this SOP	
Outcome: Was the Procedure Ratified?	Yes (please de	elete)	
Other comments:			
Including strengths and good practice.			
Additional actions required for ratification:			
Must be SMART			
Signature of Chair:	<u> </u>		

Print Name: Nikki Leighton

Job Title: Area Lead Nurse and Chair of Community Nursing Taskforce

Date: 04/12/2020