

Community of Practice – Information and Knowledge Exchange event
Optimising decision making and the use of adaptations and equipment to enhance quality of life of life for people living with MND.

Presentation 1: Decision making and equipment in MND: supporting patients and carers by Dr Rachel Woolrich

Patients' perspective MND webinar – 'This is my journey' people with MND and their carers share their perspectives. <https://www.youtube.com/watch?v=ifqgp3XSs6U>

Care information - Caring and MND: support for you
<https://www.mndassociation.org/support-and-information/information-resources/information-for-people-with-or-affected-by-mnd/caring-and-mnd-support-for-you-guide>

Multidisciplinary team working for MND
<https://www.mndassociation.org/sites/default/files/2022-11/Multidisciplinary%20team%20working%20for%20MND.pdf>

Multidisciplinary teams - infographic
<https://www.mndassociation.org/sites/default/files/2022-11/Infographic%20MDT.pdf>

Care information – Changes to thinking and behaviour with MND
<https://www.mndassociation.org/sites/default/files/2022-11/Changes%20to%20thinking%20and%20behaviour%20with%20MND.pdf>

MND webinar: Psychological support for people with MND
<https://www.youtube.com/watch?v=MSkW6YOXfjk>

Care information – Emotional and psychological support
<https://www.mndassociation.org/sites/default/files/2022-11/Emotional%20and%20psychological%20support.pdf>

Transtheoretical Model of health behaviour change (Prochaska and DiClemente)
<https://pubmed.ncbi.nlm.nih.gov/10170434/#:~:text=The%20transtheoretical%20model%20posits%20that%20health%20behavior%20change,progress%20along%20with%20decisional%20balance%2C%20self-efficacy%2C%20and%20temptations.>

MND webinars:

- A focus on oral nutrition in MND: current evidence, managing risks and exploring good practice <https://www.youtube.com/watch?v=jDRC8a-FdrY>
- Expiratory Muscle Strength Training (EMST) for patients living with MND https://www.youtube.com/watch?v=jENota8t_ik
- Introduction to the Mental Capacity Assessment Toolkit (MCAST) <https://www.youtube.com/watch?v=keNR8EKSTIo>
- MND webinar: Equipment solutions for MND – your questions answered

<https://www.youtube.com/watch?v=e0i9l0T1UJI>

- MND webinar: MND and the impact on carers and their families
<https://www.youtube.com/watch?v=pmxXZ1NGHdU>
- MND webinar: Lets talk about sex and relationships in MND
<https://www.youtube.com/watch?v=HDhS55CqvSc>

Presentation 2: Equipment - when and what? Possible equipment solutions to common challenges for people living with MND by Phillippa Sharpe

Occupational therapy for MND <https://www.mndassociation.org/sites/default/files/2022-11/Occupational%20therapy%20for%20MND.pdf>

Caring for a person with MND: A guide for care workers
<https://www.mndassociation.org/sites/default/files/2022-11/Guide%20for%20care%20workers.pdf>

Wheelchairs for people with MND <https://www.mndassociation.org/sites/default/files/2022-11/P2%20Wheelchairs.pdf>

Care information – equipment and wheelchairs
<https://www.mndassociation.org/sites/default/files/2022-11/11C%20Equipment%20and%20wheelchairs.pdf>

Care information - Environmental controls
<https://www.mndassociation.org/sites/default/files/2022-11/11E%20Environmental%20controls.pdf>

Head support for people with MND
<https://www.mndassociation.org/sites/default/files/2022-11/P1%20Head%20supports.pdf>

Communication, speech and language support
<https://www.mndassociation.org/sites/default/files/2022-11/Communication%20C%20speech%20and%20language%20support.pdf>

Disabled facilities grants and home accessibility
<https://www.mndassociation.org/sites/default/files/2022-11/10C%20Disabled%20Facilities%20Grants%20and%20home%20accessability.pdf>

Cognitive change, frontotemporal dementia and MND
<https://www.mndassociation.org/sites/default/files/2022-11/Cognitive%20change%20and%20FTD.pdf>

Care information - Sex and relationships
<https://www.mndassociation.org/sites/default/files/2022-11/Sex%20and%20relationships.pdf>

Care information - Personal care with MND

<https://www.mndassociation.org/sites/default/files/2022-11/Personal%20Care%20with%20MND.pdf>

Care information - Eating and drinking with MND

<https://www.mndassociation.org/sites/default/files/2022-11/Eating%20and%20drinking%20guide.pdf>

Care information - Getting around with MND

<https://www.mndassociation.org/sites/default/files/2022-11/Getting%20around.pdf>