

# Sussex MND Care and Research Network Day 2023

## Publications and references

### Research

- MND Association research <https://www.mndassociation.org/research/research>
- Sign up to the MND Research newsletter.  
<https://www.mndassociation.org/research/get-involved-in-research/mnd-research-newsletter>

### Sage counselling services

- A home counselling service for adults with limited mobility. Bringing counselling to you in West Sussex, Eastern Hampshire and Surrounding Areas.  
<https://www.sagecounselling.org.uk/>

### Speech and Language Therapy

- MND: communication, speech and language support guide  
<https://www.mndassociation.org/sites/default/files/2022-11/Communication%2C%20speech%20and%20language%20support.pdf>
- AAC for MND information pages:  
<https://www.mndassociation.org/professionals/management-of-mnd/aac-for-mnd>

### Gastrostomy

- Gastrostomy tube – is it for me? A web-based patient decision aid for people with MND considering a gastrostomy tube. <https://gastrostomychoice.co.uk>
- A decision aid for Gastrostomy in MND poster:  
<https://www.mndassociation.org/sites/default/files/2022-11/2.-A-decision-aid-for-Gastrostomy-in-MND-poster.pdf>
- Breathing and ventilation  
<https://www.mndassociation.org/support-and-information/living-with-mnd/breathing-and-ventilation/>
- Dysphagia, nutrition and saliva problems  
<https://www.mndassociation.org/professionals/management-of-mnd/management-by-symptoms/dysphagia/>
- Managing saliva problems in MND  
<https://www.mndassociation.org/app/uploads/information-sheet-p3-managing-saliva-problems.pdf>

### Tone management (Care information):

- Physiotherapy and exercise with MND  
<https://www.mndassociation.org/sites/default/files/2023-04/6A%20Physiotherapy.pdf>
- Managing pain <https://www.mndassociation.org/sites/default/files/2022-11/6C%20Managing%20pain.pdf>