

## Information and Knowledge exchange event – Managing High Tone

### Getting the position right! Jenny Rolfe MSc – Occupational Therapist

**SSKIN** bundle - Skin, surface, keep moving, incontinence/moisture and nutrition/hydration

#### Care Information resources:

- Mobility and movement - <https://www.mndassociation.org/support-and-information/living-with-mnd/mobility-and-movement>
- Environmental Controls - <https://www.mndassociation.org/sites/default/files/2022-11/11E%20Environmental%20controls.pdf>

#### Professional information resources:

- Muscle weakness and pain - <https://www.mndassociation.org/professionals/management-of-mnd/management-by-symptoms/muscle-weakness>
- Pain information sheet - <https://www.mndassociation.org/sites/default/files/2022-11/P11%20Pain.pdf>
- Wheelchair information sheet - <https://www.mndassociation.org/sites/default/files/2022-11/P2%20Wheelchairs.pdf>
- Head supports information sheet <https://www.mndassociation.org/sites/default/files/2023-08/P1%20Head%20Supports%202022.pdf>

#### Additional links or references to companies that provide products:

- Acora <https://accora.care>
- Pressure care management for the positioning pillows: <https://www.pressurecaremanagement.co.uk/product-category/cushions/posiperle/>
- Positioning and product guide: <https://www.pressurecaremanagement.co.uk/wp-content/uploads/2024/02/Positioning-Guide-2024-2.pdf>
- Pressure care management <https://www.pressurecaremanagement.co.uk>
- Posiperle cushions <https://www.pressurecaremanagement.co.uk/product-category/cushions/posiperle/>
- Beanezy <https://www.clothingsolutions.org.uk/beanezy/>
- Head supports <https://www.necksolutions.com/head-supports/>
- Neoprene bilateral shoulder support <https://www.orliman.com/en/producto/neoprene-bilateral-shoulder-support-2/>
- Beagle Orthopaedic <https://beagleorthopaedic.com/double-shoulder-brace/>
- REMAP – Head support <https://remap.org.uk/solutions/head-support-2/>

#### Orthotics: 3D printed and orthotic suppliers

- Crispin website: [Crispin Orthotics - Specialists in Modern Orthotics](https://www.crispinorthotics.com)
- Crispin Catalogue - <https://www.crispinorthotics.com/3d-flip-book/3d-additive-brochure/>
- Proactive website: <https://www.proactiveprosthetics.co.uk/prosthetics-and-orthotics/>