

Carers Champion

"I am extremely honoured to be a volunteer for the MND Association. The most rewarding thing is knowing that I have helped people to access the services, equipment and support they need." Jo-Ann, Volunteer

What's involved?

- o Build up knowledge of the support available for carers in their local area
- o Work directly with carers to identify what issues they face
- o Signpost staff, volunteers and people affected by MND to available services
- o Explain to carers how the MND Association can support them
- o Help identify and create opportunities to bring new, existing and past carers together

This role will suit me if I:

- Have good listening skills and am a good communicator
- o Am able to develop and maintain supportive relationships with people affected by MND
- o Am non-judgmental and respectful of diverse lifestyles
- o Am prepared to increase my understanding of MND and its impact on families
- o Understand the need for confidentiality and the importance of data protection
- o Am able to assess when extra support is needed

What's in it for me?

- o Become part of a friendly and dedicated team
- o Make a positive impact to the lives of people affected by MND
- o Get access to a range of workshops and events

What sort of training/induction will I receive before starting?



You'll be inducted into the role and informed about the Association. As part of this, you will receive e-learning, face-to-face training and mentoring. The training programme will also include experiential and reflective learning.

What's the next step?

Get further information by emailing <u>volunteering@mndassociation.org</u> or call us on 01604 611681 We encourage and welcome applications from all backgrounds and all communities