

Supporting Children, Young People and Families

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MND Association



Heart

Collaborate

Commitment

Openness

Respect

“My greatest fear is not that I am dying, it is the welfare of my boys, and how my family will cope”



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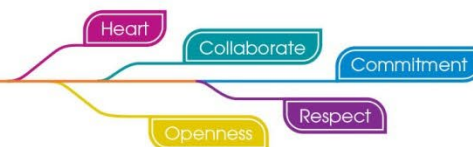
Openness

Respect

What we know about CYP affected by MND

- an increased feeling of isolation / being different
- reduced freedom to act on impulse
- missing out on activities that cost money
- limited social and recreational opportunities
- problems making and keeping friendships
- difficulties fitting in
- anxiety about situations where talk turns to MND
- not being able to cope in social situations as self- esteem may be affected

Evidence that peer support can help people feel more knowledgeable, confident, and happy, less isolated and alone (National Voices 2015)



What we offer

- **1:1 Support for Families**
 - **Support for HSCP**
- **Counselling for 4-25 year olds**
- **Memory and Treasure Boxes**
 - **CYP Grants**
 - **School Support**
- **Literature and Website Resources**
 - **Memory Making Events**
 - **Bereavement support**

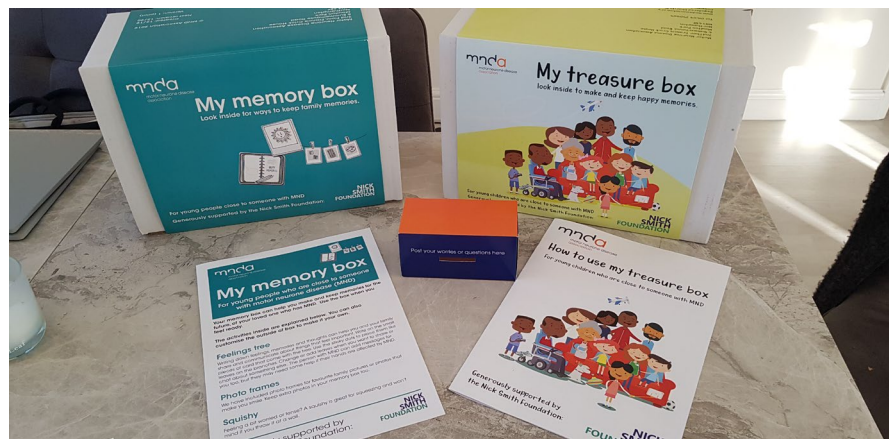
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So, what was daddy's favourite ice cream ?



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Spotlight on Memory Box

- **Funded**
 - **Life story and memory work**
- **Meet needs of children and young people affected by MND**
 - **Mindfulness/anxiety/coping mechanisms**
- **Various activities to help create, capture and store treasured bits of information**
 - **Consent form needs to be filled**
 - **Coming soon new teenager mindfulness box.....**

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Counselling Service

- For children and young people 4-25.
- Pre and post bereaved.
- In partnership with Barnardo's.
- Virtual service
- Fully funded
- 8 Virtual sessions, time convenient.
- Does include grandchildren.

Believe in
children
Barnardo's



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Memory Making Days



Connect families and children

Create memories

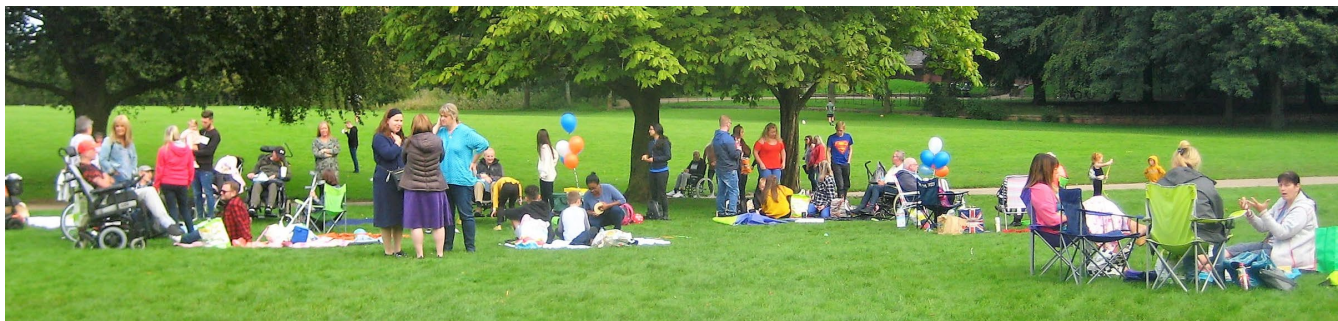
Be free from the constraints of MND

Collaboration and connection with local MND support

Future fundraisers campaigners

We will help plan, guide, support and deliver

Please help us to make these happen



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Featherbed Tales

New resource for our families allowing them to record storybooks to keep forever



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Current Resources for 4-10yr olds

MND Buddies - special team of online characters that can help younger children find out about MND by accessing a range of games, stories and things to do with the MND Buddies online. Children can find them at their 'Meet Us' page whenever they need to at www.mndbuddies.org

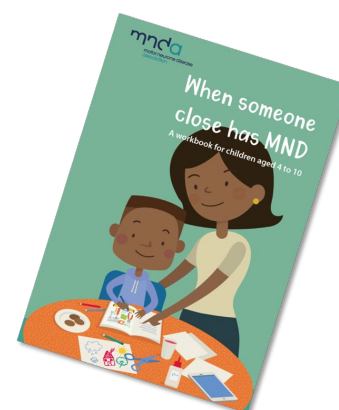
Why are things changing?

A compilation of stories for children aged 4-11 about families with MND, to gently introduce some of the changes that will happen with the disease and help children begin to adapt

When someone close has MND

Our activity workbook for 4 -10 year olds to enable a trusted adult and a child communicate about MND at a pace that feels right for the child

All resources, books and information sheets can be ordered by phoning 0808 802 6262 or visiting mndconnect@mndassociation.org



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Resources for 11-18 year olds.

So what is MND anyway?

Our guide about MND for young people and young carers aged 11-18. Young people can order a hard copy, download a copy from our website or get a web app of the guide. Find these resources at www.mndassociation.org/ypinfo



1 How can this guide help me?	2 What is motor neurone disease (MND)?	3 What is living with MND like?
4 How will MND affect my life?	5 What will happen in the future?	6 Who can help?
7 What do all the medical words mean?	8 References and acknowledgements	9 What do you think?

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Grants Available

Carers and young carers grant

Up to £500 to allow the main non-paid carer to take a break from their caring duties. This may be a pamper day, a short break or assistance towards pursuing a hobby and can be applied for up to 12 months post bereavement.

Young person grant

Up to £250, for young people aged 18 or under, to support purchases of anything that may help them in their daily life. This may be a contribution to buying a laptop, going on a school trip or any type of financial support and can be applied for up to 12 months post bereavement.

- **Call Support Services on 0800 802 6262.**

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How to refer to the team ?

Contact us -

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